

Disclaimer: The inclusion of curricula in this guide is solely for informational purposes and does not constitute an endorsement of any particular curriculum. Conversely, the omission of a curriculum from this guide should not be interpreted as disapproval or non-endorsement of that curriculum.

This guide does not take the place of an in-depth Sex Ed Advisory Board review. It is a tool that should be used as a first step in determining if a curriculum is a good fit.

If you have any questions or require further information regarding this guide, contact Alyson McClintock at **amcclintock@eatonresa.org**.

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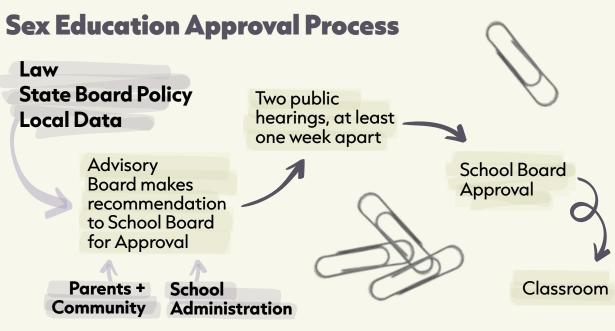
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Why this guide?

Once districts have established their <u>Sex Education Advisory Board</u> (SEAB) membership and by-laws, it may be time to decide on a sexual health education curriculum. Michigan law states that one task of the SEAB is "Reviewing and recommending materials and methods to the local school board."



There are many resources that can aid SEABs in selecting curriculum such as the **Health Education Curriculum Analysis tool (HECAT)**, a self-assessment tool that can be used in the health education curriculum selection process.

Reviewing district, state, and national data can also aid SEABs in the curriculum selection process. Data like the <u>Michigan Profile for Healthy</u> <u>Youth</u> (MiPHY) or the <u>Youth Risk Behavior Surveillance Survey</u> (YRBSS) can assist SEABs in understanding what behaviors may need to be focused on in the curriculum. A parent survey is another valuable piece of data for SEABs. A <u>sample parent survey</u> can be found in the Exemplary Sexual Health Education (ESHE) Guide from the Michigan Department of Education.

This guide is designed to be another resource to aid SEABs in their decision making by outlining the curriculum content for a variety of sex ed curricula. Curricula are large documents and can be cumbersome to review. This guide contains curriculum snapshots, which give SEABs a quick, easy-to-read overview of some sexual health education curricula. This guide does not include an extensive review

of all sexual health curricula. The curricula that were chosen for this guide were: Michigan developed,

used by numerous Michigan districts, aligned with Michigan law, and/or low cost or no cost. The information on the snapshots is designed to help SEABs consider whether

they want to include or eliminate a curriculum in their more comprehensive curriculum review process.

On the snapshots, districts will find basic information such as the intended grade levels, the number and length of the lessons, and the cost of the curriculum. The snapshots offer insights into whether the curriculum encompasses specific subjects, including those mandated by legal requirements such as topics falling under the A-K requirements and the emphasis on abstinence as well as topics that SEABs may be interested in

Snapshot Checklists Include:

- Abstinence Only
- Michigan A-K Requirements
- Healthy Relationships/Consent
- Gender Diversity
- Sexual Orientation
- Condom Use
- Contraception Use
- ► HIV

adding as supplemental education. The curriculum snapshots address if the curriculum is abstinence only or not. In Michigan, sexual health education must be abstinence based, emphasizing abstinence. School districts may also teach about risk reduction methods such as condoms. Additionally, sex education, if taught in Michigan, must cover the <u>A-K Criteria</u>. Especially for curricula developed outside of Michigan, it may be necessary to make some changes to curricula and to include supplemental lessons or

materials to comply with Michigan law. The curriculum snapshots include an A-K correlation from the curriculum publishers, and some include suggestions for supplemental materials that would be beneficial to meet A-K requirements. An <u>A-K Gap Analysis</u> worksheet may be helpful to utilize when reviewing curricula that originated outside of Michigan. Districts may also use the <u>Supplemental A-K</u> <u>Resource Sheet</u> to look for supplemental materials. <u>See a summary of</u> <u>Michigan HIV and Sex Education laws here</u>.

SEABs may want to consider utilizing a process or document for members to record feedback during the review process.

Some examples of Curriculum review templates can be found here:

- Sample Curriculum Review Document #1
- Sample Curriculum Review Document #2
- Sample Curriculum Review Document #3
- Sample Curriculum Review Document #4

Curriculum by Grade Level

CURRICULUM	pgs.	K-3	4	5	6	Middle School	High School	Special Education
Elevatus	7						•	•
FLASH: Special Education	8					•	•	•
FLASH: Elementary	9							
FLASH: Middle School	10							
FLASH: High School	11						•	
Get Real	12				٠	•	•	
HealthSmart	13-14					•	•	
Making Proud Choices	15					•	•	
MMH Grade 4 HIV Curriculum	16							
MMH Grade 5 HIV Curriculum	17							
Growing Up and Staying Healthy	18					•		
Healthy and Responsible Relationships	19						•	
Positive Prevention PLUS	20					•	•	•
Puberty: The Wonder Years	21			•	•			
Reducing The Risk	22						•	
Rights, Respect, Responsibility: Michigan	23			•	•	•	•	
Safer Choices: Levels 1 and 2	24						•	
The Basics of Reproductive Health	25					•	•	
UN HUSHED	26			•		•	•	

ELEV 22 Lessons • 90 minut	ATUS utes each	ELEVATUS TRAINING
Intended Audience	High school students and adults with developmental disabilities	THE PART OF THE
Copyright Date	2018	1777
Last Update	2018	
Cost	\$175 - \$299	
Digital Option	No	

The <u>Sexuality Education for People with Developmental Disabilities</u> training, also known as *Elevatus*, has two parts: an instructor manual and 22 scripted lessons. The manual is designed to give educators confidence in teaching sexuality education in the classroom or in a community setting. The manual provides support on setting up a class, how to lead a successful sexuality and relationship classes and more important tips. The curriculum was designed to be co-facilitated by people with developmental disabilities and professionals. This design allows people with developmental disabilities to be sexual educators and sexual health self-advocates for themselves. The lessons are 1.5 hours long, include ice breakers, activities, a break, and a wrap up activity. The script for the lessons are in blue and intended to be used as a guide. Handouts and teacher tools are available at the end of lessons. Digital handouts are available by request. The lessons are also available in Spanish.

Lessons Cover or Include...



Order Elevatus

Order the curriculum, slide decks, and communication support online here.



Special Education

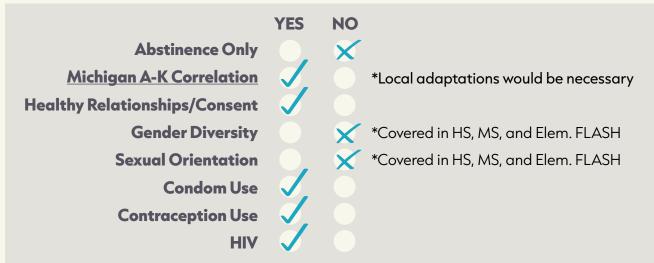
28 Lessons • Flexible Length



		and the second s
Intended Audience	Grades 6-12, Special Education	
Copyright Date	1991	
Last Update	2011	
Cost	Free (digital); \$75 per print binder	
Digital Option	Free access, downloadable and prin	table

Special Education FLASH offers a broad range of activities and suggested modifications to fit different learning styles and cognitive abilities. Within the lessons, the left-hand column has activity variations, and there is a section on how to incorporate FLASH into an IEP. The goal of Special Ed FLASH is to assist in the development of persons who are knowledgeable about human development and reproduction, and who respect and appreciate themselves, their families and others. Topics of discussion include relationships, communication skills, exploitation, understanding the body, reproduction, and HIV/AIDS and other STDs.

Lessons Cover or Include...



Order Special Education FLASH

Purchase Special Education FLASH <u>here</u> for:

- Printed binders for Special Education FLASH
- Self-paced FLASH teacher training
- Live, remote FLASH teacher training



Elementary *FLASH* comes with an implementation toolkit followed by 15 lessons that could be taught in 4th, 5th, or 6th grade. All the lessons are written to be taught in an inclusive, trauma-informed manner. The lessons are teacher friendly and adaptable to your classroom needs. The lessons do not need to be taught in order. Each lesson includes an agenda and a script to help support teachers. Each lesson has a family homework question to encourage parent or guardian communication with the child. The family homework is optional and an individual homework option is available in replacement of the family homework for the same credit.

Lessons Cover or Include...



Order Elementary School FLASH

Purchase Elementary FLASH here for:

- Printed binders for Elementary FLASH
- Self-paced FLASH teacher training
- Live, remote FLASH teacher training



Middle School 7 Lessons • 50 minutes each

Grades 6-8 2016: 1986

2017

Intended Audience
Copyright Date
Last Update
Cost
Digital Option





\$50 per instructor per year (digital); \$100 per print binder

*Please note: Implementation Toolkit, student materials, and parent/guardian materials can be printed, the lesson plan cannot. No portion can be downloaded. It is intended to be a primarily paperless option.

Middle School *FLASH* is an evidence-informed comprehensive sex education curriculum. *FLASH* employs a public health approach with the goals of reducing the rates of unintended pregnancy, STIs, and sexual violence. It was piloted extensively with classroom teachers in its 2016 update. Each lesson has an optional family homework exercise to encourage parent or guardian communication with the teen. The curriculum offers optional scripting for teachers who are new to the content. The middle school lessons cover the reproductive system and pregnancy, sexual orientation and gender identity, healthy relationships, refusal skills, STIs prevention, birth control and condoms.

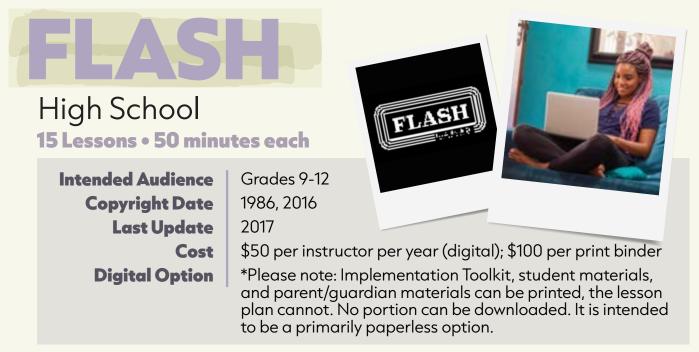
Lessons Cover or Include...

	YES	NO	
Abstinence Only		×	
Michigan A-K Correlation			*Local adaptations would be necessary
Healthy Relationships/Consent			
Gender Diversity	V ,		
Sexual Orientation	<i>,</i>		
Condom Use			
Contraception Use			
HIV			

Order Middle School FLASH

Purchase Middle School FLASH <u>here</u> for:

- Digital licenses for Middle School FLASH
- Printed binders for Middle School FLASH
- Self-paced FLASH teacher training
- ▶ Live, remote FLASH teacher training



High School *FLASH* is an evidence-based comprehensive sex education curriculum. It was rigorously evaluated by an independent research team with funding from the U.S. Department of Health and Human Services.

FLASH employs a public health approach with the goals of reducing the rates of unintended pregnancy, STIs, and the perpetration of sexual violence. Each lesson has an optional family homework exercise to encourage parent or guardian communication with the teen. The curriculum offers optional scripting for teachers who are new to the content. Lesson content covers climate-setting, reproductive system and pregnancy, sexual orientation and gender identity, gender stereotypes, healthy relationships, coercion and consent, online safety, abstinence, birth control methods, condoms, preventing and testing for STIs, communication and decision making, and advocating for healthy choices.

Lessons Cover or Include...



Order High School FLASH

Purchase High School FLASH here for:

- Digital licenses for High School FLASH
- Printed binders for High School FLASH
- Self-paced FLASH teacher training
- Live, remote FLASH teacher training

GET REAL

Grades 6-8: **9 Lessons • 45 - 55 minutes each** Grades 9 or 10: **11 Lessons • 45 - 55 minutes each**

Intended Audience	Grades 6-8, Grade 9 or 10	
Copyright Date	2022	
Last Update	2019	
Cost	Middle School: \$700 (print); \$540 - \$1,60 High School: \$350 (print); \$435 - \$650	
Digital Option	Yes, with a 1-3 year subscription	

GET REA

Get Real is an evidence-based middle school curriculum developed by Planned Parenthood League of Massachusetts and published by ETR that meets the National Sexuality Education Standards. There are 27 sequential lessons in middle school and 11 lessons for high school. The high school Get Real curriculum can be taught as a stand-alone curriculum but is intended to be utilized as a follow-up to the Get Real middle school curriculum. Both levels of Get Real are suitable for all teens regardless of their sexual experience or sexual orientation, and are LGBTQ+ inclusive and trauma informed. Lessons and Objective Overview.

Lessons Cover or Include...



Order Get Real

Purchase the Get Real curriculum here.

HEALTHSMART

Grade 4: **4 Lessons • 40 - 50 minutes each** Grade 5: **9 Lessons • 40 - 50 minutes each** Grades 6-8: **25 Lessons • 45 - 60 minutes each** Grades 9-12: **25 Lessons • 60 - 90 minutes each**





Intended Audience	Grades 4-12	
Copyright Date	2022	
Last Update	2021	
Cost	Grades 4-5: Middle + High School:	\$149.99 per grade \$189.99 per subject unit, or a complete set for \$999.99
Digital Option	Yes; inquire about cost h	ere.

HealthSmart is a comprehensive K–12 health education program that is flexible and adaptable based on the needs of your classroom. Schools can teach the comprehensive program or select only the grades and/or subject they need. A comprehensive sexual health unit is available for middle and high school with 25 lessons each that align with Centers for Disease Control and Prevention Health Education Curriculum Analysis Tool and meet National Sexuality Education Standards. The ultimate goal of the *HealthSmart* program is to promote the healthy growth and development of youth and give them the knowledge and skills to make healthy choices and establish life-long healthy behaviors.

K-5:

Scope and Sequence

Middle School:

- Scope and Sequence
- Comprehensive Sexual Health Lesson Plan
- SMARTool Alignment for Middle School Abstinence, Personal + Sexual Health Unit
- Characteristics Tool Alignment for Middle School HIV, STD + Pregnancy Prevention Unit

High School:

- Scope and Sequence
- Comprehensive Sexual Health Lesson Plan
- SMARTool Alignment for High School Abstinence, Personal + Sexual Health Unit
- ▶ Characteristics Tool Alignment for High School HIV, STD + Pregnancy Prevention Unit

Upper Elementary Lessons Cover or Include...

	YES	NO
Abstinence Only	.	
Michigan A-K Correlation		
Healthy Relationships/Consent		\times
Gender Diversity		$\boldsymbol{\times}$
Sexual Orientation		$\boldsymbol{\times}$
Condom Use		$\boldsymbol{\times}$
Contraception Use	0,	$\boldsymbol{\times}$
HIV		*Supplemental lesson for 5th grade

Middle and High School Lessons Cover or Include...

	YES	NO
Abstinence Only		*Has an abstinence only option
Michigan A-K Correlation	I .	
Healthy Relationships/Consent	<i>.</i>	
Gender Diversity	V ,	
Sexual Orientation	V ,	
Condom Use	I ,	
Contraception Use	I	
HIV		

Order HealthSmart

Visit the **HealthSmart store** or **use the HealthSmart order inquiry form** to purchase.





Making Proud Choices! An Evidence-Based, Safer-Sex Approach to Teen Pregnancy and HIV/STI Prevention, 5th edition, is an 8-module curriculum that focuses on providing adolescents with knowledge and skills to reduce the risk of sexually transmitted infections (STIs), HIV and pregnancy by abstaining from sex or using condoms if they choose to have sex. The curriculum format includes scripted lessons, interactive activities, videos, and role-play scenarios.

Lessons Cover or Include...



Order Making Proud Choices!

Purchase Making Proud Choices! here.



HIV CURRICULUM: GRADE 4

Michigan Model for Health

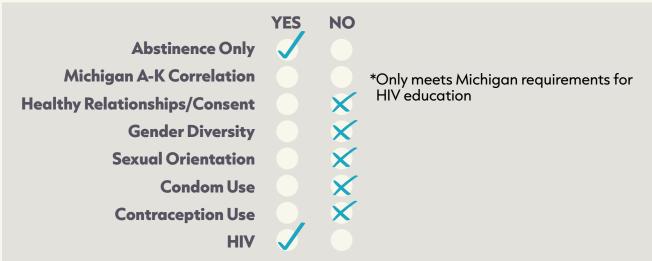
1 Lesson • 40 minutes

Intended Audience	Grade 4
Copyright Date	2020
Last Update	2020
Cost	\$90 (digital)
Digital Option	Yes

The HIV education lesson provides information on how HIV is and is not transmitted, how to protect oneself from infection, and how to be a friend to someone living with HIV. The HIV curriculum offers guidelines for answering student questions, a video clip for students, a glossary of terms, a reference sheet on HIV and staying safe, and a family resource sheet. A pre/post HIV unit test is available for supplemental use.

This lesson can be used to meet the legal requirement in Michigan to teach HIV Prevention Education at least once per year per building level (elementary, middle, high).

Lesson Covers or Includes...



Order Grade 4 HIV Curriculum

Available to order online through Michigan Model for Health.

Many states have legal requirements and obligations for teaching the content in this unit. Check with your **Regional Health Coordinator** or HIV and health consultant at your Department of Education to be sure you understand your state's requirements. Talk with your school administrator regarding any local district requirements.

<section-header>HistoryDispersionMichigan Model for HealthLesson • 45 minutesIntended AudienceCopyright DateSince 5202

The HIV education lesson provides information on how HIV is and is not transmitted, how to protect oneself from infection, and how to be a friend to someone living with HIV.

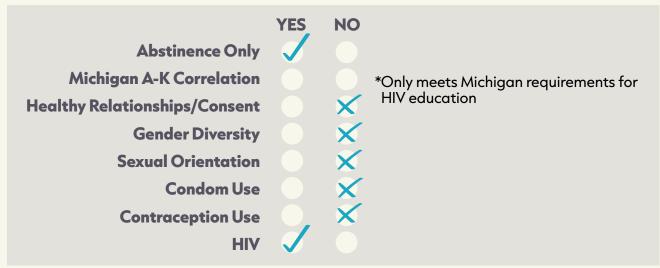
The HIV curriculum offers a video clip for students to view, a student worksheet and key, teacher guidelines for answering student questions, a glossary of terms, a reference sheet on HIV and staying safe, and a family resource sheet. A pre/post HIV unit test is available for supplemental use.

Lesson Covers or Includes...

Last Update

Digital Option

Cost



Order Grade 5 HIV Curriculum

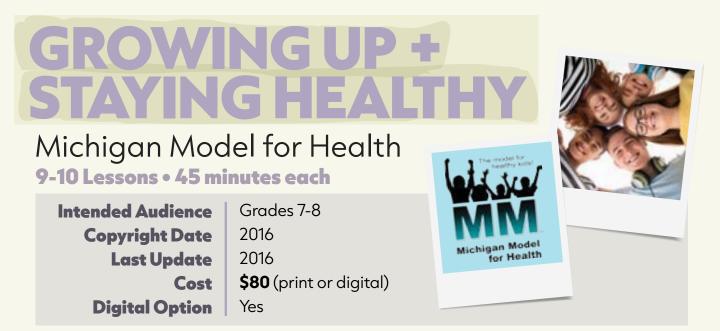
Available to order online through Michigan Model for Health.

2020

Yes

\$90 (digital)

Many states have legal requirements and obligations for teaching the content in this unit. Check with your **Regional Health Coordinator** or HIV and health consultant at your Department of Education to be sure you understand your state's requirements. Talk with your school administrator regarding any local district requirements.



Growing up and Staying Healthy is a skills-based HIV Prevention/Sexual Health Education module of the Michigan Model for Health comprehensive health education curriculum. The curriculum can be taught as Abstinence Only or as Abstinence Based. If teaching the curriculum as an Abstinence Based curriculum, a lesson (#8) on condoms use and the steps to condom use is included. The lesson, as written, does not include a teacher-led condom demonstration.

The curriculum was developed and written in Michigan; thus, it adheres to Michigan sexual health education requirements like the A-K list and addresses the Michigan Health Education Standards. A pre and post test is available for use with the curriculum.

The digital curriculum platform provides instructors easier access to the lessons and materials such as videos which are embedded directly into the lesson for easy access to video streaming. Access to Google Drive resources such as student worksheets developed

Michigan Model for Health 7-8 Scope and Sequence

Lesson Covers or Includes...



Order Growing Up and Staying Healthy Curriculum

Michigan-based educators can contact their **<u>Regional School Health Coordinator</u>** for ordering and training support as well as technical assistance.

Educators outside of Michigan can view the curriculum and materials ordering information for *Growing Up and Staying Healthy* <u>here</u>.

HEALTHY + RESPONSIBLE RELATIONSHIPS

Michigan Model for Health

19-22 Lessons • 45 minutes each

Intended Audience	Grades 9-12	Michigan Model
Copyright Date	2016	for Health
Last Update	2016	
Cost	\$160 (print); \$125 per teac	her (digital)
Digital Option	Yes	



Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention is a skills-based HIV Prevention/Sexual Health Education module of the Michigan Model for Health comprehensive health education curriculum. The curriculum can be taught as Abstinence Only or as Abstinence Based with condoms, or Abstinence Based with condoms and contraception. If taught as an Abstinence Based, districts can opt to include the lessons on condom use, which includes a teacher-led skill demonstration with the option for students to practice the skill. The Abstinence Based version of the curriculum also includes lessons on contraception options.

The curriculum was developed and written in Michigan; thus, it adheres to Michigan sexual health education requirements including the A-K list and addresses the Michigan Health Education Standards.

Michigan Model for Health 9-12 Scope and Sequence

Lesson Covers or Includes...



*Available to teach as abstinence only, abstinence based with condoms, or abstinence based with condoms and contraception

Order Healthy and Responsible Relationships Curriculum

Michigan-based educators can contact their **<u>Regional School Health Coordinator</u>** for ordering and training support as well as technical assistance.

Educators outside of Michigan can view the curriculum and materials ordering information for *Healthy and Responsible Relationships* **here**.

POSITIVE PREVENTION PLUS

Middle + High School: 14 Lessons • 30-45 minutes each Upper Elementary: 7 Lessons • 30-45 minutes each Special Populations: 14 Lessons • 30-45 minutes eacl

		Second State of the State of th
Intended Audience	Grades 4-12, Special Education 7-12 or developmentally delayed adults	
Copyright Date	2022	
Last Update	2021	
Cost	\$359	
Digital Option	Lesson slides and teacher support mate	

Positive Prevention PLUS curriculum include evidence-based instruction in Comprehensive Sexual Health Education and Teen Pregnancy Prevention, aligned with National Health Education Standards. Curricula are available for upper elementary, middle and high school, special education, and independent study. Lessons are semi-scripted and include support materials. A sample student workbook is included in the teacher curriculum binder. The curriculum includes pre-post tests, family home assignments, parent materials, downloadable support materials with teacher's lesson slides, and parent materials.

Full Curriculum Overview

Lesson Covers or Includes...



Order Positive Prevention PLUS Curriculum

All curriculum materials must be purchased through the **website**.

Eaton RESA, 2023

PUBERTY: THE WONDER YEARS

4th Grade: 6 Lessons • 40-50 minutes each 5th Grade: 7 Lessons • 40-50 minutes each 6th Grade: 10 Lessons • 40-50 minutes each

Intended Audience	Grades 4-6	
Copyright Date	2022	
Last Update	2023	
Cost	\$159-495 for 1-5 year subscript available for individually priced	
Digital Option	Yes	

Puberty: The Wonder Years has been updated to a digital curriculum for grades 4th, 5th, and 6th. Topics include anatomy and physiology, puberty and adolescent sexual development, consent and healthy relationships, gender identity and expression, sexual orientation and identity, sexual health, and interpersonal violence. The lessons include teacher-friendly lesson plans, scripts, training, and resources. Add-on lessons are available for purchase as a supplement to *Puberty: The Wonder Years* to extend the learning in the core lessons.

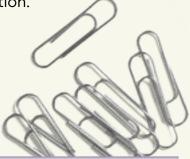
- Scope and Sequence
- Synopsis, Learning Goals, and Student Learning Objectives

Lesson Covers or Includes...



Order Puberty: The Wonder Years

Puberty: The Wonder Years is a digital subscription. Find details on how to order **here**. The digital curriculum and Online Teacher Resources are accessed online using login credentials. Optional Companion Materials are available to enhance your program implementation.



Less Shame... More Wonder



16 Lessons • 45 minutes each

Cost Digital Option	\$999 (print); \$599 - \$1,19 Yes, with a 1-3 year subsc	79 (digital); \$20 (supplemental book)
Last Update	2020	
Copyright Date	2011	
Intended Audience	"Teens" in High School	

Building Skills to Prevent Prephancy, STI & HIV

Reducing the Risk is designed to help high school students delay the initiation of sex or increase the use of protection against pregnancy and STIs/HIV. Skills highlighted in this curriculum include risk assessment, communication, decision making, planning, refusal strategies, and delay tactics. The curriculum contains teacher background information, detailed steps for leading the activities, copies of student worksheets and handouts, and role-play scripts. Print bundles include access PowerPoint, 30 student workbooks, an activity kit which includes posters, activity cards, and pamphlets. The digital bundles include all of the material as print or download fillable PDF files.

There is a supplemental lesson book available to make *Reducing the Risk* an inclusive learning environment for all students called <u>Understanding Self-Identity: Building a</u> **Supportive Environment for LGBTQ Students**.

Preview a sample lesson here.

Lessons Cover or Include...



Order Reducing The Risk

Purchase Reducing the Risk here.

RIGHTS, RESPECT, RESPONSIBILITY

Michigan

Grade 4: **2*** **Lessons • 40 minutes each** Grade 5-6: **5* Lessons • 40 minutes each** Grades 7-8: **7* Lessons • 50 minutes each** Grades 9-12: **13* Lessons • 50 minutes each** **supplemental lessons available*

Intended Audience	Grades 4-12
Copyright Date	2022
Last Update	2022
Cost	Free
Digital Option	Yes

Rights, Respect, Responsibility has a Michigan adapted scope and seaquence to meet the requirements of Michigan standards. The Michigan lessons start at grade 4 and go through grade 12. Michigan 3 Rs can be adapted to meet the needs of your district with three different Scope and Sequences available: **HIV Only, Sex Ed, and HIV, Sex Ed**,

Advocates

for Youth

HIV, and Supplemental. The lessons include topics on self-understanding, family, growth and development, friendship, sexuality, life skills, and health promotion. There are optional family homework activities. The curriculum includes extensive information on creating a safe and respectful environment with classroom management tools including setting ground rules, answering students' questions, special issues related to self-disclosure, and a note on gender, gender identity, and sexual orientation. Inclusive language is used throughout the curriculum including phrasing on trusted adults and gender identity. The lessons are available for free download and include step-by-step semi-scripted procedures for the lessons, notes to the teacher, recommended assessment, and homework.

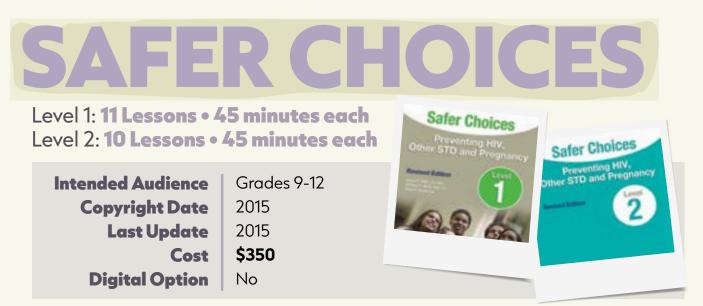
Lesson Covers or Includes...



Order Rights, Respect, Responsibility

View the Michigan adapted materials here.





Safer Choices has two levels of lessons designed to be taught over two years in high school using interactive teaching methods such as pre and post tests, role-plays, games, small-group activities, and guided discussions. The curriculum consists of STD, HIV, and teen pregnancy prevention. The goal of *Safer Choices* is to reduce the number of high school students engaging in unprotected sexual intercourse by delaying sex in high school or using protective measures such as condoms if students are sexually active. Behavioral change is encouraged with skills to develop self-efficacy, refusal and negotiation skills, functional knowledge, social and media influences, peer norms, and parent/child communication. Students should have a basic understanding of reproductive anatomy and physiology before completing *Safer Choices*. The lessons are designed to be sequential and are 45-minutes long but can be adapted as needed. Student workbooks are required for implementation of the lessons. The curriculum utilizes 5 to 8 elected students from each class to serve as peer leaders.

Lessons Cover or Include...

	YES	NO
Abstinence Only	0,	×
Michigan A-K Correlation		*Local adaptations would be necessary
Healthy Relationships/Consent		\times
Gender Diversity		\times
Sexual Orientation	0,	\times
Condom Use	I,	
Contraception Use	V,	
HIV		

Order Safer Choices

Buy online through the **ETR website**.

THE BASICS OF REPRODUCTIVE HEALTH

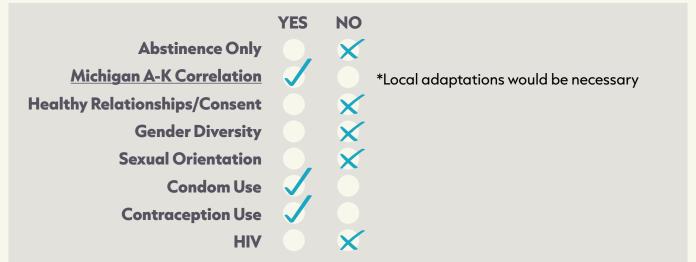
1-3 Lessons • 45-75 minutes each

Intended Audience	Middle and High School	
Copyright Date	2014	
Last Update	2014	W.C.C.
Cost	\$24.99 (print)	
Digital Option	CD included with print purchas	se

Adapted from *HealthSmart*, this supplement material was designed to give young people the basic understanding of reproductive anatomy and physiology prior to entering into sexual health and HIV/STI units. This supplement includes lessons on female and male reproductive systems, changes of puberty, reproductive anatomy and physiology, and how pregnancy occurs. The instruction options include comprehensive overview for students that have had no previous instruction in reproductive health, and shorter lessons intended to be a refresher for students with some prior knowledge. An additional lesson on birth control methods includes one lesson for middle school students and one intended for high school students.

This material does not include comprehensive sexual health education and does not cover human sexuality, romantic relationships, sexual attraction, sexual orientation, hygiene or health care, and does not provide specific instruction about HIV/STIs.

Lessons Cover or Include...



Order The Basics of Reproductive Health

Buy online through the **ETR website**.

The Basics of Reproductive Health

UN HUSHED

Elementary: 22 Lessons • 30-60 minutes each Middle: 19 Lessons • 80-120 minutes each High: 17 Lessons • 45-120 minutes each

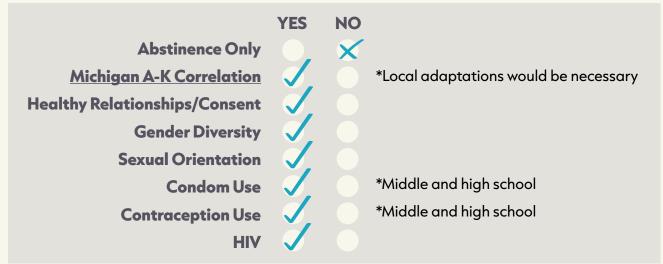


UNHUSHED

Intended Audience	Grades K-12	
Copyright Date	2021	
Last Update	2021	
Cost	\$395 per building	
Digital Option	Yes, one year digital license per teacher	

UNHUSHED is an inclusive, evidence informed K-12 sexual health education curriculum aligned to the National Sex Education Standards. The digital curriculum can be downloaded for portability and is updated and reviewed annually. Unhushed is a modular curriculum, which means schools can choose the modules that fit their needs and the instructional time available. The curriculum has a Parent Orientation session at the beginning of each unit and includes sample parent notification materials. The High School curriculum is designed around a social justice lens. Students return back to the social justice compass throughout the unit. At the time of this review, the elementary curriculum was being completed.

Lessons Cover or Include...



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A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Elevatus* (grades 9-12, and adults with developmental disabilities) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate**, **shall not be medically inaccurate**, and **shall do at least all of the following**:

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lesson 17 : Making Decisions about Sex Lesson 19 : Do you want a Child? Lesson 20 : Avoiding Pregnancy Lesson 21 : Sexually Transmitted Infections			- Corde
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lesson 17: Making Decisions about Sex Lesson 18: Challenges or Things that Can Go Wrong Lesson 19: Do You Want a Child? Lesson 20: Avoiding Pregnancy Lesson 21: Sexually Transmitted Infections			
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lesson 20 : Avoiding Pregnancy Lesson 21 : Sexually Transmitted Infections		✓	90
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	Lesson 7 : Decision Making Lesson 17 : Making Decisions about Sex Lesson 19 : Do You Want a Child?		✓	
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining	Lesson 3 : Types of Relationships Lesson 4 : Public and Private Lesson 8 : Moving from Friend to Sweetheart			

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	Lesson 12 : Has Your Relationship Gone Bad Lesson 18 : Challenges or Things That Can Go Wrong			
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lesson 10 : Many Roads to a Relationship Lesson 12 : Has Your Relationship Gone Bad Lesson 18 : Challenges or Things That Can Go Wrong			
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	All lessons using name tag game activity Lesson 16: Communicating About Sex Lesson 18: Challenges or Things That Can Go Wrong Lesson 20: Avoiding Pregnancy Lesson 21: Sexually Transmitted Infections			
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	All lessons using name tag game activity Lesson 10: Many Roads to a Relationship Lesson 17: Making Decisions About Sex Lesson 20: Avoiding Pregnancy Lesson 21: Sexually Transmitted Infections		 Image: A second s	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 10: Many Roads to a Relationship Lesson 12: Has Your Relationship Gone Bad Lesson 16: Communicating About Sex Lesson 17: Making Decisions About Sex Lesson 18: Challenges or Things That Can Go Wrong			

ELEVATUS A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	The national curriculum does not cover these specific individual state laws. However, educators/trainers are encouraged to find out any state laws to provide to students. Lesson 8: Moving from Friend to Sweetheart	~		
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 8 : Moving from Friend to Sweetheart Lesson 18 : Challenges or Things That Can Go Wrong		✓	



FLASH Special Education

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *FLASH: Special Education* (grades 6-12, and adults with developmental disabilities) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate**, **shall not be medically inaccurate**, and **shall do at least all of the following**:

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lessons 23, 25, 26		Emphasized in lessons on reproduction, STDs, and HIV	Does not address "until marriage"
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lessons 21, 22	Brainstorm discussion in sexual decision-making lesson	Emphasized in parenthood lesson	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lessons 23, 25, 26		Abstinence highlighted as only 100% effective method of not spreading STDs, HIV, or starting a pregnancy	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	Lesson 21		Full lesson on role and responsibilities of parents	Does not address married versus unmarried
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	All		Compliant with Michigan state laws	
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lessons 12, 22	Both people must agree	Extensive practice saying no in a variety of wide situations; Parent guidance to reinforce skill	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lessons 12, 14		Refusal skills taught in role play, case study, and game; Parent guidance to reinforce this skill	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lessons 15, 24		Focus on "I can choose healthy behaviors"	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lessons 6, 14, 15		Healthy dating and healthy friendship; Preventing exploitation and how to get help; Okay to say no to different types of touch	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			Not addressed
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None			Not addressed



FLASH: SPECIAL EDUCATION A-K CORRELATION

FLASH Elementary

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *FLASH: Elementary* (grades 4-6) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate**, **shall not be medically inaccurate**, and **shall do at least all of the following**:

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lessons 6, 15		Builds knowledge, refusal skills, and positive attitudes; Applied to scenarios	
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lessons 7, 8		Legal and emotional consequences with focus on sexual violence	Does not address economic consequences
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lessons 13, 15		Abstinence to prevent STDs and pregnancy is a key concept in these lessons; Mechanisms of conception are covered	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	All		Compliant with Michigan state laws	
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lessons 6, 7, 8, 15		Decision making, refusal, and bystander skills taught; Applied to scenarios	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lessons 6, 7, 8, 15		Decision making, refusal, and bystander skills taught; Applied to scenarios	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lessons 3, 5, 6, 7		Builds skills to respect self and others, exercise personal control, and base actions on reasoning and ethical considerations ; Applied to scenarios	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 5		Taught in the context of healthy friendships	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			Not taught in elementary
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 8		Age appropriate information about sexual abuse and reporting provided; Applied via case study	



FLASH: SPECIAL EDUCATION A-K CORRELATION

FLASH Middle School

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *FLASH: Middle School* (grades 6-8) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate**, **shall not be medically inaccurate**, and **shall do at least all of the following**:

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lessons 4, 5		Builds knowledge, refusal skills, and positive attitudes; Application activities	Does not address "until marriage"
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lesson 4		Legal consequences with focus on sexual violence	Does not address emotional and economic consequences
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lessons 4, 5		Abstinence to prevent STDs and pregnancy is a key concept in these lessons	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	All		Compliant with Michigan state laws	
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lessons 3, 4		Extensive focus, including skill-building and building peer norms	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lessons 4, 5		Refusal skills are modeled, practiced, and applied to scenarios; Advocacy to resist pressure to engage in risky behavior	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lessons 3, 4, 5, 6		This runs throughout all skill-building in the curriculum	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 3		Builds knowledge, skills, and positive peer norms, as well as application activities	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	Lessons 1, 5, 7		Written resources are distributed in three lessons; Safe Haven laws are discussed in a class game about pregnancy knowledge	
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 3		All students receive handout on state laws; Teacher instructions included on how to tailor handout to state and local community; Includes information on where to get help if victim of sexual assault	



FLASH High School



Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *FLASH: High School* (grades 9-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate**, **shall not be medically inaccurate**, and **shall do at least all of the following**:

LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
Lessons 1, 9, 11, 14, 15		Builds knowledge, refusal skills, and positive attitudes; Applied to scenarios and poster campaigns	Does not address "until marriage"
Lessons 7, 8		Legal and emotional consequences with focus on sexual violence	Does not address economic consequences
Lessons 9, 11, 13		Abstinence to prevent STDs and pregnancy is a key concept in these lessons	
None			Not addressed
All		Compliant with Michigan state laws	
Lessons 4, 6, 7, 8, 9, 14, 15		Extensive focus, including skill-building and building peer norms	
	Lessons 1, 9, 11, 14, 15Lessons 7, 8Lessons 9, 11, 13NoneAllLessons 4, 6, 7, 8, 9,	Lessons 1, 9, 11, 14, 15 Lessons 7, 8 Lessons 9, 11, 13 None All Lessons 4, 6, 7, 8, 9,	LESSONSINTRODUCEDOR APPLIEDLessons 1, 9, 11, 14, 15Builds knowledge, refusal skills, and positive attitudes; Applied to scenarios and poster campaignsLessons 7, 8Legal and emotional consequences with focus on sexual violenceLessons 9, 11, 13Abstinence to prevent STDs and pregnancy is a key concept in these lessonsNoneCompliant with Michigan state lawsLessons 4, 6, 7, 8, 9, 14, 15Extensive focus, including skill-building and

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lessons 9, 14, 15		Refusal skills are modeled, practiced, and applied to scenarios	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	All		This runs throughout all skill-building in the curriculum	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lessons 6, 7, 8, 14, 15		Builds knowledge, skills, and positive peer norms, as well as application activities	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	Lessons 3, 10, 12		After initial teaching, written resources on this topic are distributed to students in 3 lessons	
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 7		All students receive handout on state laws; Teacher instructions included on how to tailor handout to state and local community; Includes information on where to get help if victim of sexual assault	
			FLASH: HIGH SCHOO	LA-K CORRELATION

GET REAL Middle School

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Get Real* (grades 6-8) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Grade 6 : Lessons 4, 7 Grade 7 : Lesson 6 Grade 8 : Lesson 3	Grade 6 : Abstinence is introduced as most effective way to avoid STIs and unintended pregnancy	Grade 6 : Covers benefits of abstinence, affirms norm that majority of students abstain; Students apply learning by offering advice on staying abstinent	Abstaining until marriage is not discussed in the curriculum
			Grade 7 : Reasons abstinence is a healthy choice; Link between abstinence and goals	
			Grade 8 : Positive outcomes of abstinence; how to overcome obstacles to abstinence	h
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Grade 7 : Lessons 5, 9 Grade 8 : Lesson 8		Grade 7 : Discussion of outcomes and risk continuum activity; Reviews possible outcomes of sexual activity as part of decision- making exercise	G
			Grade 8 : Discussion of unintended outcomes of scenarios related to sexual activity	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that			Grade 7 : Facts about STIs; affirms abstinence as only 100% sure way to avoid STIs	\bigcirc

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
are not fully preventable except by abstinence.			several times; Reviews abstinence as most effective method in discussion of reasons for using protection Grade 8 : Abstinence is reinforced as only 100% protection before and while discussing other protection methods	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	This is best determine	ed by Sex Ed Advisory Boards a	ınd districts who are familiar wi	th the state laws
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Grade 6 : Lesson 2 Grade 7 : Lesson 6 Grade 8 : Lesson 7		 Grade 6: Assertive communication practice; Accepting another person's refusal Grade 7: Review of key parts of a refusal, including consent Grade 8: Role-play practice of refusal skills includes respecting a partner's boundaries 	

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"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Grade 7 : Lessons 6, 9 Grade 8 : Lesson 7		Grade 7 : Review components of refusal skills; Role-play practice of refusal skills	
			Grade 8 : Role-play practice of refusal skills	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their	Grade 6: Lesson 8 Grade 7: Lesson 4 Grade 8: Lessons 8, 9		Grade 6 : Decision making model and clarification of personal values	
actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.			Grade 7 : Personal values around bullying/harassment, ways to be an ally and show respect to others	
			Grade 8 : Self-management and making responsible decisions in support of life goals; Activity in which students set personal limits around sexual behaviors	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Grade 6: Lesson 3 Grade 7: Lesson 5 Grade 8: Lesson 2		Grade 6 : Healthy and unhealthy relationships, older partners, boundaries and peer pressure	
			Grade 7 : Activity on safe dating behaviors and values around dating	
			Grade 8 : Qualities of healthy and unhealthy relationships, importance of respect and boundaries	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			Not addressed
			GET REAL: MIDDLE SC	CHOOL A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Grade 6 : Lesson 3 Grade 8 : Lesson 2		Grade 6: Activity on older partners asks teachers to share state laws around age of consent Grade 8: Lesson preparation asks teachers to be familiar with legal consequences for statutory rape in case questions come up	



GET REAL: MIDDLE SCHOOL A-K CORRELATION

Eaton RESA, 2023

GET REAL High School

A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lesson 5	Abstinence is included as an effective way to avoid STIs and unintended pregnancy		Abstaining until marriage is not discussed in the curriculum
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lessons 5, 7		Lesson 5: Discussion of how an unintended pregnancy could affect goals Lesson 7: Examines risks of various sexual behaviors	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lessons 5, 6		 Lesson 5: Abstinence is reinforced as only 100% protection before and while discussing other protection methods Lesson 6: Facts about STIs; affirms abstinence as only 100% sure way to avoid STIs 	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not	This is best determine	ed by Sex Ed Advisory Boar	ds and districts who are fa	miliar with the state laws

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.				
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lesson 8		Assertive communication skills and role-play practice	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lesson 8		Assertive communication skills and role-play practice	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lesson 11		Personal risk assessment; Students make a plan to reduce risks to sexual health	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 10		Healthy and unhealthy relationships, older partners, relationship "deal breakers," resources for help	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			Not addressed
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None			Not addressed

GET REAL: HIGH SCHOOL A-K CORRELATION

HEALTHSMART Grades 4 + 5

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *HealthSmart* (grades 4-5) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Grade 5 : Lessons 33, 37	Reading sheet on puberty notes that the time to have sex is a long way off	Defines abstinence; Reading sheet presents various viewpoints of students their age and benefits of being abstinent. Students personalize which benefits would be most important to them; Take-home family sheet allows students to discuss the concept of abstinence with their parents/guardians	Abstaining until marriage is not discussed in the curriculum. It could come up in the discussion with parents in Lesson 37, if this is a family value
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Grade 5 : Lesson 33, Supplemental	Reading sheet on puberty mentions making a baby as a result of having sex; Supplemental lesson on HIV presents sex as one way the virus can be transmitted		Sex is only discussed in the context of waiting or being abstinent, so there is not a lot of detail provided about consequences
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Grade 5: Lesson 37	Avoiding pregnancy and STIs is mentioned as one benefit of being abstinent		
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	This is best determine	d by Sex Ed Advisory Boards (th the state laws
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	None			Refusal skills are not covered in the context of sexuality until Middle School; Grade 3 includes a lesson on avoiding sexual abuse
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Grade 4 : Lessons 13, 22, 23 Grade 5 : Lesson 28		Grade 4: Effective ways to resist dares from others; Effective ways to resist pressures to use tobacco or alcohol Grade 5: Effective ways to resist pressure to use alcohol	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Grade 4 : Lessons 5, 28 Grade 5 : Lessons 1, 33		Grade 4 : Self-control strategies to manage difficult feelings; Decision-making skills for a healthy future Grade 5 : What it means to	
			be emotionally healthy, including taking responsibility and showing care and concern for self and others; New responsibilities that come with puberty	

HEALTHSMART: GRADES 4 + 5 A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Grade 5: Lesson 2		Qualities of healthy relationships in general	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None			Not addressed
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	VIP : Lesson 17	Teacher can include this information in the lesson on sexual abuse prevention		R



Eaton RESA, 2023

HEALTHSMART Middle School

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *HealthSmart* (grades 6-8) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate**, **shall not be medically inaccurate**, and **shall do at least all of the following**:

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	ABST : Lessons 4, 9, 10, 11 HIV-STI : Lessons 1, 8	 ABST, Lesson 4: Aspects of sexuality discussion begins with choices people make about sex and stresses abstinence as the safest choice for teens ABST, Lesson 9: Reading sheet on taking care of sexual health emphasizes abstinence as best choice for teens ABST, Lesson 10: Defines abstinence 	 ABST, Lesson 11: Entire lesson focuses on benefits of abstinence; Students apply by writing advice letters HIV-STI, Lesson 1: Abstinence defined and benefits discussed HIV-STI, Lesson 8: Includes returning to abstinence as a viable option to protect from STIs 	Abstaining until marriage is not discussed in the curriculum
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	ABST : Lessons 9, 10, 16 HIV-STI : Lessons 1, 8	 ABST, Lesson 9: Reading sheet on taking care of sexual health mentions risks of having sex ABST, Lesson 10: Risks of having sex included in ways to express affection activity 	 ABST, Lesson 16: Focuses on consequences of becoming a teen parent HIV-STI, Lesson 1: Risks of sexual activity defined and discussed HIV-STI, Lesson 8: Case study of teens who get an STI includes responsibilities that come with becoming sexually active 	

ABST: Abstinence, Puberty, and Personal Health EMH: Emotional and Mental Health VIP: Violence and Injury Prevention

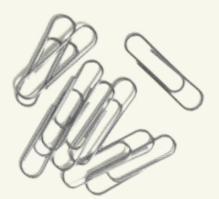
"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	HIV-STI : Lessons 5, 6, 7, 14		 HIV-STI, Lesson 5: Consequences of unplanned pregnancy and teen parenting HIV-STI, Lesson 6: Facts about STIs; surest way to avoid is abstinence HIV-STI, Lesson 7: Facts about HIV, handshake activity features abstinence as best protection HIV-STI, Lesson 14: Lesson on birth control reaffirms abstinence as the surest way to prevent pregnancy 	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	ABST : Lesson 16	Consequences of becoming a teen parent— legal aspects could be added to the discussion		Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	This is best determine	ed by Sex Ed Advisory Boards a	nd districts who are familiar wi	th the state laws
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	ABST : Lessons 14, 15 HIV-STI : Lessons 3, 10, 11		ABST, Lessons 14, 15 : Effective ways to resist sexual pressures, role-play demonstration and practice; students practice respecting refusals as well	

HEALTHSMART: MIDDLE SCHOOL A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
			 HIV-STI, Lesson 3: Affirmative consent defined; students apply to scenarios HIV-STI, Lessons 10, 11: Effective ways to resist sexual pressures; Role-play demonstration and practice; Students practice respecting refusals as well 	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	ABST : Lessons 14, 15 HIV-STI : Lessons 10, 11		Effective ways to resist sexual pressures, role-play demonstration and practice; students practice respecting refusals as well	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	ABST: Lesson 16 HIV-STI: Lesson 9 EMH: Lessons 3, 7	ABST, Lesson 16 : How being abstinent can support personal and future goals	 HIV-STI, Lesson 9: Applying responsible decision- making skills to scenarios that involve sexual choices EMH, Lesson 3: What it means to be emotionally healthy, including qualities of taking responsibility for choices, learning from mistakes and showing care and concern for self and others EMH, Lesson 7: Focuses on self-control skills and risks of impulsive behavior 	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	HIV-STI: Lesson 4		Qualities of healthy romantic relationships, warning signs of unhealthy relationships, reasons to end a relationship	

HEALTHSMART: MIDDLE SCHOOL A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	HIV-STI : Supplemental Lesson 1 (online)		Lesson on pregnancy options includes information on adoption and safe surrender [Note: Abortion is also discussed]	
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	VIP : Lesson 17	Teacher can include this information in the lesson on sexual abuse prevention		



HEALTHSMART: MIDDLE SCHOOL A-K CORRELATION

HEALTHSMART High School

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Health Smart* (grades 9-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

Material and instruction in the sex education curriculum under section 1507 that discusses sex **shall be age-appropriate**, **shall not be medically inaccurate**, and **shall do at least all of the following**:

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	ABST : Lessons 7, 9, 10 HIV-STI : Lessons 3, 14	 ABST, Lesson 7: Aspects of sexuality reading/discussion stresses abstinence as the safest choice for teens ABST, Lesson 9: Scavenger hunt features abstinence as best way to avoid STIs 	 ABST, Lesson 10: Entire lesson focuses on benefits of abstinence HIV-STI, Lesson 3: Discussion of sexual choices emphasizes abstinence as the safest, most effective choice for teens HIV-STI, Lesson 14: Ways to maintain a commitment to being abstinent 	Abstaining until marriage is not discussed in the curriculum
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	ABST : Lesson 9 HIV-STI : Lessons 3, 9	ABST, Lesson 9 : Reading sheet on taking care of sexual health mentions risks of having sex	 HIV-STI, Lesson 3: Examines potential consequences of becoming sexually active HIV-STI, Lesson 9: Abstinence emphasized as safest way to reduce STI risk 	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	HIV-STI : Lessons 5, 6, 7		 HIV-STI, Lesson 5: Lesson on birth control reaffirms abstinence as the surest way to prevent pregnancy HIV-STI, Lesson 6: Facts about STIs; surest way to avoid is abstinence HIV-STI, Lesson 7: Facts 	

ABST: Abstinence, Puberty, and Personal Health EMH: Emotional and Mental Health VIP: Violence and Injury Prevention

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
			about HIV; categorizing risk behaviors reviews abstinence as best protection	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	This is best determine	ed by Sex Ed Advisory Boards a	nd districts who are familiar wi	th the state laws
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	ABST : Lessons 13, 15, 16 HIV-STI : Lesson 4	ABST, Lesson 13 : Includes discussion of why it's important to respect others' limits	ABST, Lessons 15, 16: Effective ways to resist sexual pressures, role-play demonstration and practice; students practice respecting refusals as well HIV-STI, Lesson 4: Affirmative consent defined; students apply to scenarios	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	ABST : Lessons 15, 16 HIV-STI : Lessons 13		ABST, Lessons 15, 16: Effective ways to resist sexual pressures, role-play demonstration and practice; students practice respecting refusals as well HIV-STI, Lesson 13: Effective ways to resist pressure to have unsafe sex, role-play practice	

HEALTHSMART: HIGH SCHOOL A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their	ABST: Lessons 9, 13, 14 HIV-STI: Lesson 3 EMH: Lesson 2	ABST, Lesson 16 : How being abstinent can support personal and	ABST, Lesson 9 : Discussion of how to take responsibility for one's own sexual health	
actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as		future goals	ABST, Lesson 13 : Setting limits to support abstinence	
respect for self and others.			ABST, Lesson 14 : Applying responsible decision- making skills to scenarios that involve sticking with a choice to be abstinent	
			HIV-STI, Lesson 3 : Focuses on what it means to be sexually responsible; students list responsibilities associated with sexual choices	
			EMH, Lesson 2 : What it means ot be emotionally healthy, including qualities of taking responsibility for choices, learning from mistakes, and showing care and concern for self and others	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	EMH : Lesson 9 VIP : Lesson 15		EMH, Lesson 9 : Qualities of unhealthy relationships, warning signs, how to end a relationship	
			VIP, Lesson 15 : Different types of dating abuse, warning signs, resources for help with dating violence	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe	HIV-STI: Supplemental Lesson 1 (online)		Lesson on pregnancy options includes information on adoption and safe surrender [Note:	

HEALTHSMART: HIGH SCHOOL A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.			Abortion is also discussed]	
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	VIP : Lesson 17, 18	Teacher can include this information in the lessons on sexual abuse prevention		



HEALTHSMART: HIGH SCHOOL A-K CORRELATION

Eaton RESA, 2023

MAKING PROUD CHOICES

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Making Proud Choices* (grades 7-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	All		Abstinence is affirmed as the surest way to avoid unplanned pregnancy and HIV/STIs throughout	Abstaining until marriage is not discussed
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Module 1 : Activity E	Brief discussion of possible outcomes of unprotected sex; Ways a pregnancy or STI could derail goals		
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Module 2: Activities A-C, D Module 5: Activity A Module 6: Activities A-B		Module 2, Activities A-C: Presents facts about HIV Module 2, Activity D: HIV risk continuum features abstinence and other "green-light" activities Module 5, Activity A: Presents facts about STIs Module 6, Activities A-B: Presents facts about unplanned prengnancy	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	This is best determine	ed by Sex Ed Advisory Boar	ds and districts who are fa	miliar with the state laws
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Module 7: Activity E		Role-plays using the SWAT technique for refusals	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Module 7 : Activity E Module 8 : Activities A-C		Module 7, Activity E: Role-plays using SWAT technique for refusals Module 8, Activities A-C: Role-play practice of refusal skills to support abstinence and safer sex practices	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others	Module 1 : Activity D Module 4 : Activity A		Module 1, Activity D: Making proud and responsible choices Module 4, Activity A: Stop-Think-Act problem- solving approach	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Module 4: Activity B	Sean and Morgan case study introduces idea of setting limits in relationships		
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20	None			Not addressed

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None			Not addressed





Appendix A: **A-K Correlation With** Growing Up and Staying Healthy: Understanding HIV and Other STIs

Due to Michigan laws related to sex education in public schools, districts will need to examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Growing Up and Staying Healthy: Understanding HIV and Other STIs* (grades 7-8) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

	Criteria Required by Michigan Law	Lesson #	Addressed	Not Addressed
a.	Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	1, 2, 4	 Benefits of abstaining from sex Benefits of ceasing sex if sexually active 	
b.	Include a discussion of the possible emotional, economic, and legal consequences of sex.	4, 7	 Emotional consequences Legal consequences Economic consequences Sex offender list 	
c.	Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	2	 STIs covered Pregnancy mentioned 	
d.	Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	4	 Reasons to set healthy limits are discussed, including parental responsibilities 	
e.	Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity, including, but not limited to, sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	1-10	No lessons condone violation of laws	
f.	Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	5, 6, 7	 Refusal skills Harassment or exploitation 	

	Criteria Required by Michigan Law	Lesson #	Addressed	Not Addressed
g.	Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	5, 6, 7	 Refusal skills Resisting pressure to engage in risky behavior 	
h.	Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others	4	 Individual control over personal behavior Personal responsibility Self control Respect for self and others 	
i.	Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	4, 5, 6, 7	 How to set limits How to identify trouble Escaping risky situations 	 Healthy dating relationships are addressed in <i>Michigan</i> <i>Model</i> module, "The Two R's for Stopping Assault and Preventing Violence," including skills to develop healthy relationships, characteristics of dating abuse, and sexual harassment.
j.	Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law, chapter XII of the probate code of 1939, 1939 PA 288, MCL 712.1 to 712.20.	3	 Adoption services Safe delivery 	
k.	(k) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that 1 of the other results of being convicted of this crime is to be listed on the sex offender registry on the internet for up to 25 years.	4, 7	 Laws governing sexual conduct Inform crime punishable by imprisonment Sex offender registry 	

22* 21* 20 0 0 19 0 48 • 17 0 16 0 0 0 0 Lessons That Address Criteria 14 15 0 0 0 0 • • 0 • 12 13 • lessons 1 0 0 0 10 0 ດ • • ω 0 • 0 0 0 \sim ശ 0 0 ഹ 0 • 0 4 • က • 0 0 000 0 0 2 the benefits of ceasing sex if a pupil children born in and out of wedlock 1. how to say "no" to sexual advances Stress that unplanned pregnancy and serious possibilities of sex that are to their responsibility as parents to sodomy, indecent exposure, gross 1. the benefits of abstaining from sex but not limited to, those relating to and fourth degrees (MCL 750.158 sexually transmitted diseases are conduct in the first, second, third, that it is wrong to take advantage Include a discussion of the possible Advise pupils of the laws pertaining pertaining to sexuality, including, Michigan's Sex Education Laws indecency, and criminal sexual not fully preventable except by 750.335a, 750.338, 750.338a, Ensure that pupils are not taught violation of laws of this state of, harass, or exploit another in a way that condones the ⁷50.338b, and 750.520b to legal consequences of sex. Required Criteria for until marriage and is sexually active. person sexually. 2. economic, and abstinence. 750.520e) 1. emotional, Teach pupils Discuss and ц сі сi ∢ മ C ۵ ш ш

"A-K" Criteria Addressed in Healthy and Responsible Relationships

O introduced • emphasized and/or applied

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Appendix T:

1	Required Criteria for							Ľ	esso	suo	That	Lessons That Address Criteria	lres	sCr	iteri							
2	Michigan's Sex Education Laws	-	2	З	4	5	9	7 8		9	10 11	1 12	2 13	3 14	15	16	17	18	19	20	21*	22*
· .	Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.									0	0		•					•				
	Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.		0	0	0					0	•	0						0		0		
	Provide instruction on 1. healthy dating relationships and 2. how to set limits and recognize a dangerous environment.	0	00	•	•			•		0	○●	0.0	0					00				
	Provide information for pupils about how young parents can learn more about 1. adoption services and 2. about the provisions of the safe delivery of newborns law, chapter XII of the probate code of 1939, 1939 PA 288, MCL 712.1 to 712.20.													0 0								
1 1	Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment, and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry on the internet for 15 years, 25 years, or life, and posted on the internet. (380.1507b, 2011 PA 17-19								•		0				0							

POSITIVE PREVENTION PLUS A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Positive Prevention Plus* (grades 4-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lesson 6 : Preventing an Unplanned Pregnancy Lesson 7 : Teen Pregnancy: Choices and Responsibilities Lesson 9 : Preventing Sexually Transmitted Infections Lesson 10 : Protection and Communication			
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Lesson 7 : Teen Pregnancy: Choices and Responsibilities		\checkmark	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Lesson 6 : Preventing an Unplanned Pregnancy Lesson 9 : Preventing Sexually Transmitted Infections		~	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	Lesson 7 : Teen Pregnancy: Choices and Responsibilities (incl. prenatal care, parenting, adoption, safe surrender)		 Image: A second s	
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including	Lesson 6 : Preventing an Unplanned Pregnancy	 Image: A second s		

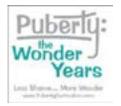
"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.				
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Lesson 4 : Relationship Abuse (High School) Lesson 4 : Bullying (Middle School) Lesson 11 : Media and Peer Pressure		 Image: A second s	y
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Lesson 4 : Relationship Abuse (High School) Lesson 4 : Bullying (Middle School) Lesson 11 : Media and Peer Pressure		\checkmark	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	Lesson 6 : Preventing an Unplanned Pregnancy		~	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Lesson 3 : Healthy Relationships (High School) Lesson 3 : Friendship (Middle School) Lesson 4 : Relationship Abuse (High School) Lesson 4 : Bullying (Middle School)	\int	\checkmark	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the	Lesson 7 : Teen Pregnancy: Choices and Responsibilities (incl. prenatal care, parenting, adoption, safe surrender)	А	 Image: A second s	

POSITIVE PREVENTION PLUS A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.				
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Lesson 4 : Relationship Abuse (High School) Lesson 4 : Bullying (Middle School)		✓	



POSITIVE PREVENTION PLUS A-K CORRELATION

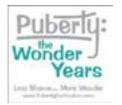


Puberty: The Wonder Years, 2021 Edition Addresses the Michigan a to k Criteria



Michigan public schools that choose to teach sex education must meet Michigan's legal requirements for sex education curriculum as stated in section 380.1507b of the Michigan Compiled Laws. The following chart outlines the curriculum requirements listed in section 1507 (a to k) and how to meet them using *Puberty: The Wonder Years* 2021 edition lessons for grades 4, 5, and 6. Materials and instruction in the sex education curriculum shall be **age-appropriate**, shall **not be medically inaccurate**, and shall do at least all of the following:

Curriculum Requirements	Age Appropriate?*	Where Addressed
 (a) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active. 	 Yes (benefits of abstaining): This age group is receptive to abstinence messages and respects limits set by adults. No (until marriage): This is a shame-based message. Instead, students identify benefits of abstaining and importance of talking to adults. No (ceasing sex): The vast majority of this age group has not had sex, so instructing them to cease would give them the impression of a false norm in their group. 	<u>Grade 4:</u> • Lesson 4-4, 4-5 <u>Grade 5</u> : • Lessons 5-5, 5-7 <u>Grade 6:</u> • Lessons 6-6, 6-10
(b) Include a discussion of the possible emotional, economic, and legal consequences of sex.	 Yes: At the age sex is explained, the consequences are discussed. 	Grade 4: Sex is not explained. Grade 5: • Lesson 5-4, 5-5, 5-7 Grade 6: • Lesson 6-6
(c) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	 Yes: At the age sex is explained, possible negative consequences and how to avoid them are discussed. 	Grade 4: Sex is not explained. Grade 5: • Lessons 5-4, 5-5, 5-7 Grade 6: • Lessons 6-6, 6-7 Add-On Lessons: • G, H
 (d) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock. 	 No: Most students in this age group are not bearing children. 	-
(e) Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity (list omitted).	 Yes: Instruction of this age group can avoid discussion of the issues in these laws. 	<u>Grade 4:</u> All Lessons <u>Grade 5:</u> All Lessons <u>Grade 6:</u> All Lessons



Puberty: The Wonder Years, 2021 Edition Addresses the Michigan a to k Criteria



(f) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	 No (sexual advances): Most students in this age group are developmentally not interested in sexual advances. Yes (harassment): This age group needs skills to deal with situations involving harassment. 	<u>Grade 4:</u> no** <u>Grade 5:</u> • Lessons 5-6, 5-7 <u>Grade 6:</u> • Lessons 6-4, 6-5, 6-8 <u>Add-On Lesson:</u> • F
(g) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	 Yes: Refusal skills help equip this age group to avoid risky situations. 	<u>Grade 4:</u> no** <u>Grade 5:</u> • Lesson 5-7 <u>Grade 6:</u> • Lesson 6-5, 6-8
(h) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self- control, and ethical considerations such as respect for self and others.	 Yes: This age group is becoming more autonomous and independent and able to accept personal responsibility for their behavior. 	Grade 4: • Lesson 4-3 <u>Grade 5:</u> • Lessons 5-5, 5-6, 5-7 <u>Grade 6:</u> • Lessons 6-4, 6-5, 6-6, 6-8, 6-9, 6-10
 (i) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment. 	 No: Most students in this age group are not ready for dating. 	<u>Grade 6:</u> • Lesson 6-4 (healthy relationships) • Lesson 6-8 (refuse or report risky situations)
(j) Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law.	 No: Most students in this age group are not bearing children. 	-
(k) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that 1 of the other results of being convicted of this crime is to be listed on the sex offender registry on the internet for up to 25 years.	 No: Most students in this age group have not had sex voluntarily, and criminalizing sex would negatively impact their initial learning about sex. 	-

*

Whether or not these criteria are age appropriate is the author's opinion, which may differ from the conclusions of the sex education advisory board. Teach refusal skills using a health education curriculum, such as the *Michigan Model for Health*[®], to equip students to resist pressure to engage in risky behavior as required by criteria g. **

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REDUCING THE RISK

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Reducing the Risk* (grades 9-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Classes 1A or 1B, 2	Classes 1A or B : Abstinence is affirmed as the surest way to avoid unplanned pregnancy and STIs	Class 2 : Focuses on the benefits of abstience, affirms abstinence as the only 100% sure way to avoid pregnancy and HIV/STIs	Abstaining until marriage is not discussed
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Classes 1A, 1B, 2, 12	Class 1A: Focus is on consequences of unplanned pregnancy Class 1B: Focus is on consequences of having HIV Class 2: Includes brainstorm of positive/negative outcomes of having sex Class 12: Reiterates consequences of HIV and other STIs		
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Classes 12, 13		Class 12 : Abstinence is included in how to prevent HIV/STIs, but other protection methods are also discussed Class 13 : HIV risk continuum features abstinence and other "green-light" activities	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None			Not addressed

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	This is best determine	d by Sex Ed Advisory Boards	and districts who are familiar wi	th the state laws
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Classes 3,4		Refusal skills are heavily stressed in RTR, with numerous demonstration role-plays and opportunities for practice throughout the curriculum	
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Classes 5, 6, 10, 11, 16		In addition to how to say no effectively, classes focus on delay tactics, avoiding high-risk situations and alternative actions	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.				Implied in the role-play demonstrations and practice, but not explicitly stressed
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	None			Not Addressed
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe	None			Not Addressed

REDUCING THE RISK A-K CORRELATION

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.				
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None			Not Addressed



REDUCING THE RISK A-K CORRELATION

Eaton RESA, 2023

3Rs Lessons Aligned to A-K Criteria Required by MI Law Upper Elementary



A-K Requirement		
Legend: Introduced Emphasized or Applied	Learning about HIV – 5 th Grade	Image Overload
A. Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.		
B. Include a discussion of the possible emotional, economic, and legal consequences of sex.		
C. Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	0	
D. Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.		
E. Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity, including, but not limited to, sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338a, 750.338b, and 750.520b to 750.520e.	No Lessons Violate Law	
F. Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.		
 G. Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior. H. Teach that the pupil has the power to control personal behavior. Pupils shall be taught 		\frown
to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.		\bigcirc
I. Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.		

J. Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law, chapter XII of the probate code of 1939, 1939 PA 288, MCL 712.1 to 712.20.	
K. Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	

3Rs Lessons Aligned to A-K Criteria Required by MI Law Grades 6-8



A-K Requirement				3Rs Less	on Name			
Legend: Introduced Emphasized or Applied	Healthy and Unhealthy Relationships	Communicating about a Sensitive Topic	Understanding Boundaries	Protecting Your Health: Understanding and Preventing STDS	The World Around Me	Making SMART Choices	Pre-Law	Warning Signs: Understanding Sexual Abuse and Assault
A. Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.								
B. Include a discussion of the possible emotional, economic, and legal consequences of sex.							0	
C. Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.								
D. Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.								
E. Ensure that pupils are not taught in a way that condones the violation of the laws of this state pertaining to sexual activity, including, but not limited to, sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL				No Lessons	Violate Law			

750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.					
F. Teach pupils how to say "no" to sexual					
advances and that it is wrong to take					\bigcirc
advantage of, harass, or exploit another					\smile
person sexually.					
G. Teach refusal skills and encourage pupils			^		
to resist pressure to engage in risky			\bigcirc		
behavior.	_				
H. Teach that the pupil has the power to					
control personal behavior. Pupils shall be					
taught to base their actions on reasoning,					
self-discipline, a sense of responsibility, self-					
control, and ethical considerations such as					
respect for self and others.					
I. Provide instruction on healthy dating					\bigcirc
relationships and on how to set limits and					\bigcirc
recognize a dangerous environment.					
J. Provide information for pupils about how				\bigcirc	
young parents can learn more about				\bigcirc	
adoption services and about the provisions					
of the safe delivery of newborns law,					
chapter XII of the probate code of 1939,					
1939 PA 288, MCL 712.1 to 712.20.					
K. Include information clearly informing					
pupils that having sex or sexual contact with					
an individual under the age of 16 is a crime					
punishable by imprisonment and that one of					
the other results of being convicted of this					
crime may be to be listed on the sex					
offender registry for 15 years, 25 years, or					

life.

3Rs Lessons Aligned to A-K Criteria Required by MI Law Grades 9-12



A-K Requirement					3Rs Lesso	on Name				
Legend: Introduced Emphasized or Applied	How Well Do I Communicate with Others	Unhealthy Relationships: Plan for Safety	Image Overload	Decisions, Decisions	Planning and Protection: Avoiding and Managing STIs	STD Basics	STD Smarts	Know Your Options	My Boundaries	Rights, Respect, Responsibility: Don't Have Sex Without Them
A. Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.				0			0			
B. Include a discussion of the possible emotional, economic, and legal consequences of sex.										
C. Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.						\bigcirc		0		
D. Advise pupils of the laws pertaining to their responsibility as parents to								\bigcirc		

children born in and out of									
wedlock.									
E. Ensure that pupils are not									
taught in a way that		 	<u>.</u>				<u>.</u>		
condones the violation of									
the laws of this state									
pertaining to sexual activity,									
including, but not limited to,									
sections 158, 335a, 338,			N	lo Lessons V	iolato Law				
338a, 338b, and 520b to									
520e of the Michigan penal									
code, 1931 PA 328, MCL									
750.158, 750.335a, 750.338,									
750.338a, 750.338b, and	<u> </u>	 1	1				 I		
750.520b to 750.520e.									
F. Teach pupils how to say									
"no" to sexual advances and									\bigcirc
that it is wrong to take									\bigcirc
advantage of, harass,									
or exploit another person									
sexually.									
G. Teach refusal skills and									
encourage pupils to resist									
pressure to engage in risky									
behavior.									
H. Teach that the pupil has		\frown							
the power to control		\bigcirc							
personal behavior. Pupils									
shall be taught to base their									
actions on reasoning, self-									
discipline, a sense of									

responsibility, self-control,					
and ethical considerations					
such as respect for self and					
others.					
I. Provide instruction on					
healthy dating					
relationships and on how to					
set limits and recognize a					
dangerous environment.					
J. Provide information for					
pupils about how young					
parents can learn more					
about adoption services and					
about the provisions of the					
safe delivery of newborns					
law, chapter XII of the					
probate code of 1939, 1939					
PA 288, MCL 712.1 to					
712.20.					
K. Include information					
clearly informing pupils that					
having sex or sexual contact					
with an individual under the					
age of 16 is a crime					
punishable by imprisonment					
and that one of the other					
results of being convicted of					
this crime may be to be					
listed on the sex offender					
registry for 15 years, 25					
years, or life.					

SAFER CHOICES Levels 1 + 2

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *Safer Choices Levels 1 and 2* (grades 9-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

"A-K" CRITERIA	LESSONS	ADDRESSED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Level 1 : All Lessons Level 2 : Lessons 1, 2, 4, 5, 7, 9, 10	Benefits of abstaining from sex: avoiding STIs/ HIV; STIs/HIV passed to future children; future relationships, infertility, benefits of ceasing sex if sexually active	
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Level 1 : Lessons 1, 4-6 Level 2 : Lessons 3-4, 8	Emotional/social impact, living with HIV, pregnancy, life with a baby, economic, cost of treatment and exams at clinics	Legal and economic consequences of sex, consequences of raising a child
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Level 1 : Lessons 1, 5, 7, 10 Level 2 : Lessons 1, 2, 4, 9	STIs and pregnancy	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	None		Laws pertaining to parental responsibility
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	Level 1 : Lesson 10 Level 2 : Lesson 10		
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Level 1 : Lessons 2, 3, 7 Level 2 : Lessons 2, 5, 6, 9	Refusal skills, saying no, pressure lines	Harassment, or exploitation

"A-K" CRITERIA	LESSONS	ADDRESSED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Level 1 : 2, 3, 7, 9, 10 Level 2 : 2, 5, 6, 9	Refusal skills, delay tactics, alternative actions, resisting pressure to engage in risky behavior, responding to pressure lines, barriers to using protection, condom negotiation role-plays	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others	Level 1 : Lessons 1, 5, 7, 9, 10 Level 2 : Lessons 1, 4, 5-10	Influences on decisions, choices about behavior, thinking ahead, power of choice, power to control personal behavior, actions based on: reasoning; self-discipline; responsibility; self-control; respect for self; family/personal values, "sexual decisions are your own"	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Level 2 : Lessons 1, 5, 9, 10	Setting personal limits; benefits; importance of communicating personal limits to others; recognizing dangerous situations; "sex possible situations"	
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	None		Adoption services; safe delivery
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	None		Sexual contact with an individual under age 16 is a crime; sexual offender registry



Exi III

THE BASICS OF REPRODUCTIVE HEALTH A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *The Basics of Reproductive Health* (grades 6-12) to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Lessons 3A, 1B, 2B	Abstinence is affirmed as the surest way to avoid unplanned pregnancy in the information about how pregnancy occurs		Abstaining until marriage is not discussed
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	systems to suppleme	lum lessons is intended to p ent evidence-based or other tion. It is not intended to pro	r sexual health programs t	that do not
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.				
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.				
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338b, and 750.520b to 750.520e.				and and and
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	This is best determin	ed by Sex Ed Advisory Boar	ds and districts who are f	amiliar with the state laws

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	systems to suppleme	lum lessons is intended to p ent evidence-based or other tion. It is not intended to pro	r sexual health programs :	that do not
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.				
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.				
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.				
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.				

UNHUSHED

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools using *UN/HUSHED* K-12 to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart outlines the curriculum requirements, topics addressed and not addressed in this curriculum, including the lessons addressing each law.

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Middle School : Unit 4 High School : Sexual Health Unit: Session 3		Prevention and contraception including abstinence as an option	"Until marriage" is not used
(B) Include a discussion of the possible emotional, economic, and legal consequences of sex.	Middle School : Unit 4 High School : Sexual Health Unit: Session 2		Focus on the teenage experience with pregnancy and parenting	
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Middle School : Unit 4 High School : Sexual Health Unit: Sessions 3, 4		Stresses the importance of prevention	
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	Middle School : Unit 3 High School : Sexual Health Unit 2		Focus on the teenage experience with pregnancy and parenting	
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including, but not limited to, sections 158, 335a, 338, 338a, 338b,	Middle School : Units 4, 5 High School : Sexual Health Unit 2			State specific adaptation may be needed

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.				- ARK
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Middle School : Units 4, 5 High School : Sexual Health Unit 2	✓	(N
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	K: Lessons 3, 6 First: Lessons 4, 5 Second: Lesson 1 Fourth: Lesson 5 Fifth: Lesson 2 Middle School: Units 3, 5 High School: Relationship Unit		✓	
(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.	K: Lessons 3, 6 First: Lessons 4, 5 Second: Lesson 1 Fourth: Lesson 5 Fifth: Lesson 2 Middle School: Units 3, 5 High School: Relationship Unit		✓	
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	Middle School : Unit 4 High School : Sexual Health Unit		Healthy relationships are discussed in intimate and non-intimate relationships	

"A-K" CRITERIA	LESSONS	INTRODUCED	EMPHASIZED OR APPLIED	NOT ADDRESSED
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law, chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.		Adoption options are discussed		State specific adaptations would be needed; Safe delivery of a newborn is not included
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Middle School : Unit 5 High School : Sexual Health Unit		Violence and consent including sexual assault and harrassment is discussed	Sexual contact with an individual under the age of 16 is a crime; sexual offender registry



UN|HUSHED A-K CORRELATION

SUPPLEMENTAL MATERIALS

A-K CORRELATION

Due to requirements in Michigan law related to sex education in public schools, districts must examine their sex education programs to make sure they are in compliance. This document is designed to assist schools to meet the legal requirements for sex education curriculum as stated in section 380.1507b of Michigan Compiled Laws. The following chart provides supplemental materials to meet the requirements if it is not covered in the districts chosen sex education curriculum.

"A-K" CRITERIA	SUPPLEMENTAL MATERIALS
(A) Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.	Growing Up and Staying Healthy: Lesson 2 Healthy and Responsible Relationships: Lessons 16, 17 Safer Choices, Levels 1 + 2
(B) Include a discussion of the possible emotional, economic , and legal consequences of sex.	Growing Up and Staying Healthy: Lesson 8 Healthy and Responsible Relationships: Lesson 14 Safer Choices, Levels 1 + 2
(C) Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.	Growing Up and Staying Healthy : HIV and Other STIs Healthy and Responsible Relationships : HIV, Other STIs, and Pregnancy Prevention
(D) Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.	Laws Pertaining to Responsibility of Parents for Children Born In and Out of Wedlock Growing Up and Staying Healthy: Appendix Q.4 Healthy and Responsible Relationships: Appendix J Child Support Laws and Resources
(E) Ensure that pupils are not taught in a way that condones the violation of laws in this state pertaining to sexual activity, including but not limited to sections 158, 335a, 338, 338a, 338b, and 520b to 520e of the Michigan penal code, 1931 PA 328, MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e.	Growing Up and Staying Healthy : Appendix Q.1 Healthy and Responsible Relationships : Appendices B, H, I
(F) Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.	Growing Up and Staying Healthy : HIV and Other STIs Healthy and Responsible Relationships : HIV, Other STIs, and Pregnancy Prevention
(G) Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.	Growing Up and Staying Healthy: Lessons 5, 7 Healthy and Responsible Relationships: Lesson 13 Safer Choices, Levels 1 + 2

"A-K" CRITERIA

SUPPLEMENTAL MATERIALS

(H) Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning , self-discipline , a sense of responsibility , self-control , and ethical considerations such as respect for self and others.	Growing Up and Staying Healthy: Lesson 8 Healthy and Responsible Relationships: Lessons 11, 12 Safer Choices, Levels 1 + 2
(I) Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.	<u>One Love</u>
(J) Provide information for pupils about how young parents can learn more about adoption services and about the provision of the safe delivery of newborns law , chapter XII of the probate code of 1939 PA 288, MCL 712.1 to 712.20.	Adoption Information from the Michigan Department of Health and Human Services Updated Lists of Public and Private Licensed Adoption Agencies at the Michigan Adoption Resource Exchange (MARE) Safe Delivery Information Safe Delivery of a Newborn Handout Growing Up and Staying Healthy: Appendix Q.2 Healthy and Responsible Relationships: Appendix K
(K) Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.	Growing Up and Staying Healthy: Appendix Q.3 Healthy and Responsible Relationships: Appendix B <u>Michigan Sex Offender Registry</u>



"A-K" Requirements in District Sex Education Curriculum Gap Analysis Worksheet

By law, Michigan school districts that offer sex education must ensure that material and instruction in the sex education curriculum under section 1507 that discusses sex shall be age-appropriate, shall not be medically inaccurate, and shall do at least all of the following [380.1507b(2)]. This chart helps the district determine where the gaps are in the district's K-12 curriculum and what materials and methods can be used to fill those gaps.

	Component	Gap (Y/N) + Grade Level	Materials + Methods to Address Gap	Contact Information for Materials
A	Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.			
В	Include a discussion of the possible emotional, economic, and legal consequences of sex.			
С	Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.			
D	Advise pupils of the laws pertaining to their responsibility as parents to children born in and out of wedlock.			
E	Ensure that pupils are not taught in a way that condones the violation of laws of this state pertaining to sexuality, including, but not limited to, those relating to sodomy, indecent exposure, gross indecency, and criminal sexual conduct in the first, second, third, and fourth degrees (MCL 750.158, 750.335a, 750.338, 750.338a, 750.338b, and 750.520b to 750.520e).			

	Component	Gap (Y/N) + Grade Level	Materials + Methods to Address Gap	Contact Information for Materials
F	Teach pupils how to say "no" to sexual advances and that it is wrong to take advantage of, harass, or exploit another person sexually.			
G	Teach refusal skills and encourage pupils to resist pressure to engage in risky behavior.			
н	Teach that the pupil has the power to control personal behavior. Pupils shall be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.			
I	Provide instruction on healthy dating relationships and on how to set limits and recognize a dangerous environment.			
J	Provide information for pupils about how young parents can learn more about adoption services and about the provisions of the safe delivery of newborns law, chapter XII of the probate code of 1939, 1939 PA 288, MCL 712.1 to 712.20.			
K	Include information clearly informing pupils that having sex or sexual contact with an individual under the age of 16 is a crime punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.[i] (§380.1507b)			

[i] The wording of "k" has been revised to be consistent with changes to the Sex Offender Registry Act passed with Public Acts 17-19 of 2011. See **www.michigan.gov/documents/mde/memo_2011_SORA_and_Sex_Ed_366707_7.pdf**

Media + Materials Review

Title Type of Media

Producer/Publisher

Copyright

Length

Recommendation

Criteria	Yes	No	Unsure	N/A
Diversity in cultures, ethnicity, and gender in materials				
Young people in materials are the same or similar in age to target audience				
Age-appropriate information, acceptable reading level				
Accurate and relevant information to the needs of students				
Current styles, produced within the last 5 years is preferable				
If teaching skills, modeling accurate use of skills rather than just talking about them				
Engaging format for students				
Follows instructional methods and strategies that are known to result in learning				
Appropriate pace for learning				
Acceptable to a diverse group of parents and school board members (language, dress, content)				
Meets guidelines/objectives found in Health Standards				
Videos: Available rights to allow video streaming (preferably free or low-cost)				
Potential longevity is at least 5 years				

NOTES

Sexual Health Curriculum Snapshot Guide Curriculum Review Worksheet

Curriculum Title:

Intended Audience: (Grade Level) Copyright/Last Update:

Number of Lessons:

Cost:

Length of Lessons:

ssons Cover or Include*:	YES	NO
Abstinence Only		
Michigan A-K Requirements		
Healthy Relationships/Consent		
Gender Diversity		
Sexual Orientation		
Condom Use		
Contraception Use		
HIV		

*Update this list to reflect goals of your SEAB

Curriculum Pros:

Curriculum Cons:

Curriculum Review Worksheet

Curriculum Title:		REVIEWER:		DATE:	
Curriculum/Lessons	Likes	Dislikes	Concerns/Flags	Questions	