Phonemic Awareness

Phonemic awareness is the ability to hear and distinguish sounds. This includes:

- Recognizing sounds, alone and in words
- Adding sounds to words
- Taking apart words and breaking them into their different sounds
- Moving sounds
Phonemic Awareness Activities—2-3

☐ Demonstrate clapping a word into its syllables. Ask your child to clap words into syllables.

☐ Make tally marks for the number of syllables in the names of people in your family, favorite foods, etc.

☐ Give your child a small car (such as a Matchbox car). Write a 5+ letter word on a piece of paper with the letters spaced apart. Have your child drive the car over each letter saying the letter sound. Have your child begin driving the car slowly over the letters and then drive over them again slightly faster. Continue until the word is said at a good rate.

☐ To help your child segment (separate) sounds in words:
  ☐ Give your child 4-7 blocks, beads, bingo chips or similar items. Say a word and have your child move an object for each sound in the word.
  ☐ Play Head, Shoulders, Knees and Toes with sounds. Say a word and have your child touch his/her head for the first sound, shoulders for the second sound, and knees for the third while saying each sound.
  ☐ Jump for Sounds. Say a word and have your child jump for each sound in the word while saying the sound.