



LITTLE BITS

A little knowledge can make a BIG difference to our small learners

EATON RESA
EARLY ON

FOR MORE INFORMATION

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A LITTLE BIT ABOUT "LITTLE BITS"

Welcome to our first newsletter for Early On recipients and visitors. We want this to be an informative and fun reading experience for you and your family. Please let one of us know about specific topics you would like shared here. Enjoy!



UPCOMING EVENTS IN YOUR AREA

BECOMING A LOVE & LOGIC PARENT - [REGISTER](#)
3/1/2016 TO 4/12/2016 OR 3/3/2016 TO 4/14/2016

EATON GREAT START TODDLER TIME - [MORE INFO](#)

- Charlotte: Mondays - 10 AM, ERESA gym
- Eaton Rapids: Fridays - 10 AM, Union St. Center
- Grand Ledge: Wednesdays - 10 AM, Holbrook
- Pottersville: Tuesdays - 10 AM, District Library
- Vermontville: Thursdays - 11 AM, Public Library

FAMILY MATTERS (W/ DEAF/HH CHILD) - [REGISTER](#)
3/5/2016 - 8:30 TO 4:00, LCC WEST CAMPUS

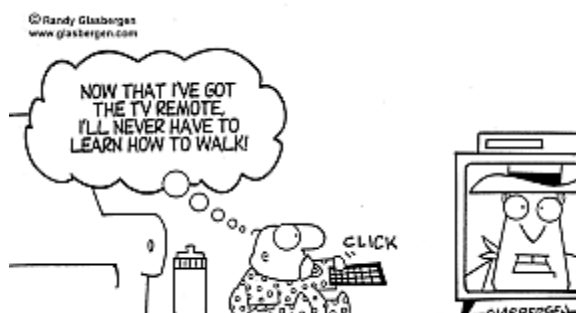


TECH NO - [CLICK HERE FOR DETAILS](#)

- Say NO to replacing interactive play with screen time.
- Say Yes to using devices to broaden 3D experiences.
- Say NO to using devices/TVs as background noise.
- Say Yes to shared learning moments with your device.
- Say NO to active devices just before & during sleep.
- Say Yes to apps that help with learning daily routines.
- Say NO to high-action content, especially violence.
- Say Yes to high-yield educational content.

Find 0 to 3 educational apps [here!](#)

COMEDY BITS: ARRESTED DEVELOPMENT



Before your home visit, consider these important facts from the U.S. Surgeon General & Centers for Disease Control:

DID YOU KNOW THERE IS NO RISK-FREE LEVEL OF EXPOSURE TO SECOND-HAND SMOKE?

- Those exposed to second-hand smoke at home or work increase their risk of developing heart disease by 25-30%.
- Children exposed to second-hand smoke have more frequent and severe asthma attacks, respiratory infections, ear infections, and sudden infant death syndrome (SIDS).
- Second-hand smoke is a known cancer-causing agent.
- Even brief exposure to second-hand smoke, such as that experienced in a home visit, can damage cells in ways that set the cancer process in motion.



BITE-SIZED FACTS

Second-hand smoke cannot be easily vented. It can be transported from person-to-person, home-to-home. Second-hand smoke can clearly have serious health consequences for nonsmoking children and adults. Please consider who you are exposing to second-hand smoke when others enter your home. Thank you!

COVERING YOUR COUGH MAY NOT BE ENOUGH

CLICK [HERE](#) FOR THE SHOCKING TRUTH ABOUT COUGHS

- Stay home from work, school or errands when you are sick if possible.
- Keep sick children home and follow your pediatrician's instructions.
- Avoid close contact with others who are sick. Germs can travel up to 12 feet during coughing and even further during a sneeze.
- Avoid touching your eyes, nose, or mouth after coming into contact with a surface or object that may be contaminated.
- Wash your hands as soon as possible after touching such surfaces and objects or keep an alcohol-based hand sanitizer within reach.
- Clean and disinfect surfaces or objects that may have been contaminated.

We at Eaton RESA want you and your children to be healthy and safe. It is our policy not to conduct home visits when we are sick and we work hard not to spread germs from one home to another through our clothes or equipment. Please help us keep germs at bay by letting your provider know if one of your family members is sick when you are scheduled for a home visit so we can take appropriate precautions.

Visit <http://www.cdc.gov/flu/school/index.htm> for more information on how to keep your home or daycare healthy.



bits of fun

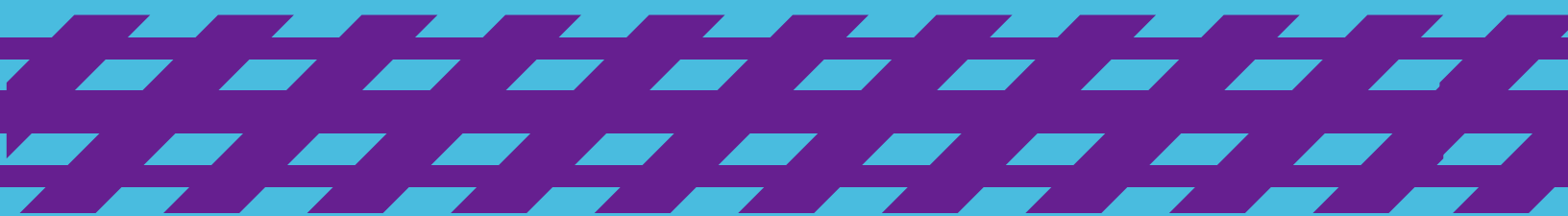
CAN YOU SAY KOALA?



- Are you a bear? Neither are koalas.
- Look at your fingertips; koalas have prints just like you.
- I bet you have fingernails, though. Koalas have claws.
- Do you think you're a picky eater? Koalas eat only one food - eucalyptus leaves. Eucalyptus is a funny word.
- Do you have trouble sitting still and being quiet? It's no trouble for a koala. They are slow and silent.
- Baby koalas are the size of a jelly bean and live in a fold in their momma's skin called a pouch for 6 months while they grow. How big were you when you were born?
- When you were a baby you were called an infant; a baby koala is called a joey (Hey, so is a baby kangaroo!).
- Point to your nose. Koalas have really big noses!
- Koalas live in trees. What do you live in?
- They can be found only in Australia. Where do you live?
- They sure are cute! But they can't be pets. They are wild.

Learning-rich environments are not places you go to, they are experiences you create wherever you are with your child. Whether you are sharing a book, a show, or a walk, you can make the experience richer by asking questions, pointing out similarities and differences, or prompting your child to tell you about the experience in his or her own words. Have fun learning together. Make every moment count!

Join your community's early literacy efforts. Be counted by reading to your child. Visit your local library for details about the 1000 Books Before Kindergarten program. Find out why it's important to your child [HERE!](#)



click pic to refer

OFF TRACK

My step-son was difficult to understand. He would use "f" for "t" and had trouble with his "r's". When he became obsessed with trucks, you can imagine my horror every time he "practiced labeling" when he saw one. That's when I decided we needed an evaluation for speech! ~ embarrassed step-mom

Fill this negative space with your most memorable derailed moment by submitting your 50-word story to littlebits@eatonresa.org. Smile every day!